

ASVA

After School Virtual Activities
SESSION #1 11th October – 26th November

30th September, 2020

Dear Parents,

It gives us great pleasure to introduce our first ever After School Virtual Activities session starting on the 11th October, 2020. We have worked diligently with vendors to provide a wide variety of opportunities for our RVIS Dolphins, from the Early Childhood all the way through to our High School students.

The information about activities can be found below and I would like to specifically highlight a couple of things:

1. The payment for these sessions can only be made:
 - **Families in Bahrain - In Person:** We are opening the Auxiliary Gym on Sunday 4th and Monday 5th October from 8.30am - 10.30am where Ms Zainab and our business office representative will be there to collect Registration forms and payments.
 - **Families out of Bahrain - By Bank Transfer:** Please ensure that you include the name of your child(ren) and the activity you are paying for on the Transfer document. You should then complete the Registration forms and return to Ms. Zainab at school.
2. Please also note that, although we have done due diligence in sourcing these opportunities, all of these are being offered by outside vendors and RVIS staff **will not** be online during these activities. Should students or parents have any concerns please speak first with the vendor and if not resolved, bring to the attention of Ms. Zainab.

Thank you for your interest; if you have any questions, please contact Ms. Zainab at school.

Warm regards,

Marcus Waudby
Director for Student Life
mwaudby@rvis.edu.bh

Ms. Zainab Al Hashimi
Asst. to the Director of Student Life
zalhashimi@rvis.edu.bh

ASVA

After School **Virtual** Activities
SESSION #1 11th October – 26th November

Available for students in Pre-K / KG and Grades 1 - 12.

1- Important Dates:

Sun 4th Oct & Mon 5th Oct	<ul style="list-style-type: none">ASVA Registration Days in the AUX GYM. <u>(From 8.30am - 10.30am)</u>
Wed 7th Oct	<ul style="list-style-type: none">Families contacted only if there are any changes/cancellations to the activity chosen.
Sun 11th Oct	<ul style="list-style-type: none">ASA Session 1 starts.
Thurs 26th Nov	<ul style="list-style-type: none">ASA Session 1 ends.

2- Important Notes:

❖ REGISTRATION FORMS:

- Please fill out the registration form and deliver it, with payment (**cash only**), to the AUXILIARY GYM during the Registration Days (4th and 5th October). All forms must be signed by a parent. It is possible for parents to hand in forms for another family as long as the form is signed by the child's parent and payment accompanies the registration. If paying by Bank Transfer, please email this form to Ms. Zainab.

- ❖ **ACTIVITY SPACE:** Please note, at the time of registering for an activity, we will be able to confirm if space is available and that your child is accepted. This means that your child is signed up and no further communication will be sent out. **In the event we do not have sufficient numbers to run an activity, parents will be notified by Wednesday 7th October, and any money returned following the close of registration.** Some activities need a certain number of participants and we will do our best to find an alternative option for your child if this happens.

- ❖ **ACTIVITY LINK:** All students emails will be given to the vendor and they will provide students with the activity\ meeting links.

You will find below a list of activities with a brief description of what to expect in each. We hope that you and your child find something of interest and decide to sign-up for what looks like being an exciting virtual session of co-curricular life at RVIS!

ASVA

After School Virtual Activities

Activities Summary

11th October – 26th Nov

PreK - KG

1

LAUGHING YOGA

Laughter is the greatest medicine and with children having been in lockdown for such a long time, laughing yoga is a chance to let themselves enjoy several minutes of pure joy. The body does not realize the difference between forced laughter and actual laughter, the benefits to the bodies systems are the same and it's all positive. A mat and a 2 meters space is all that is required.



🕒 SUNDAY 3:30 – 4:00 | 💰 BD 25

2

FUN - FIT

Fitness has to be fun or kids just won't do it. The basic principles of fitness are included in this programme with a huge element of fun. The programme includes sports and fitness skills and games, improving your child's fitness and agility. A mat and a 2 metre space is all that is required.



🕒 MONDAY 3:30 - 4:00 | 💰 BD 25

3

MINI-ME-MOVERS

Getting those little ones moving, with fun activities based on fitness games, stretching and strengthening using animal characters to encourage children's imagination. A mat and a 2 metre space is all that is required.



🕒 TUESDAY 3:30 - 4:00 | 💰 BD 25

1

LITTLE BIG CHEF

They know what is delicious and what is good, its time to make it at home because its safer and they can create their own flavors, pizza, salads and more

🕒 SUNDAY 3:30 - 4:30 | 💰 BD 40



2

ENGINEERING CLUB

Discover the vast world of engineering. Learn about the Engineering Design Process and tackle challenges like an engineer. In this Club, students will:

- Design the home they've always dreamt of.
 - Create mechanical objects such as cars, trucks, helicopters and other vehicles.
 - Construct their own toys.
 - Build incredible structures, like the Pyramids, Mini Castles, and more!
- ** Required Laptop or desktop [iPad or mobile not advised]

🕒 SUNDAY 3:30 - 4:30 | 💰 BD 21



3

MAT GYMNASTICS

Based on the British Gymnastics programme. This activity combines basic strength, agility, flexibility, balance and coordination exercises to give the student a well-rounded level of physical ability in preparation for the more demanding skills of the sport. Children would require an area of around 2 square meters and a ½ inch thick yoga mat for them to be able to perform the movements.

🕒 SUNDAY 4:30 - 5:00 | 💰 BD 25



4

CARTOON SKETCHING 101

Art comes in different styles and tools, this program will help you understand the way to turn real faces into cartoons, simple lines and creative ways to practice.

🕒 MONDAY 3:30 - 4:30 | 💰 BD 35



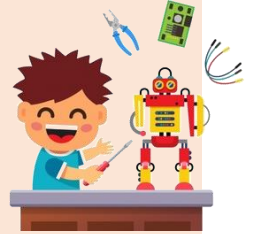
5

ROBOTICS CLUB

Why build robots? To free human hands from dangerous and daunting tasks. So we can make more time to dream greater things, to do what robots can't. In this Club, students will:

- Design, program and test their own virtual robots in a variety of 3D environments.
- Compete in a virtual robotics competition.

🕒 TUESDAY 3:30 - 4:30 | 💰 BD 21



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Laughter is the greatest medicine and with children having been in lockdown for such a long time, laughing yoga is a chance to let themselves enjoy several minutes of pure joy. The body does not realise the difference between forced laughter and actual laughter, the benefits to the bodies systems are the same and it's all positive. A mat and a 2 metre space is all that is required.

🕒 WEDNESDAY 3:30 - 4:00 | 💰 BD 25



7

7 HABITS FOR HAPPY KIDS

العادات السبع للأطفال السعداء

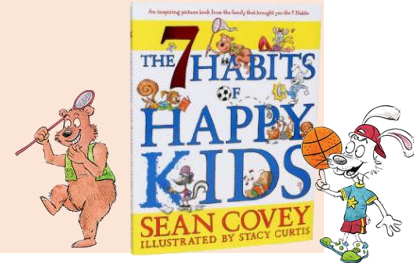
Arabic Language

The 7 habits concepts will be taught to students using language and examples appropriate to their developmental stage. Habits 1–3 focus on developing a strong “personal root system,” building character and becoming more independent. Habits 4–6 teach skills of working well with others and becoming more interdependent. Habit 7 is about taking care of oneself in order to ensure great leadership can continue into the future.

This course will provide:

- Seven habits storytelling.
- Listening and discussions skills.
- Arabic Language speaking skills.
- Worksheets and exercises.

🕒 THURSDAY 4:30 - 5:30 | 💰 BD 35



1

DIGITAL ART

Our digital arts course is designed to impart students with the skills they would need to pursue opportunities in the world of design. Among those are an introduction to graphic design tools such as Adobe Creative Suite (PhotoShop, Dimensions, Illustrator and After Effects) and video editing. Following a project-based curriculum, students will start to build their own creative portfolio and develop professional-level skills.

** Required Adobe Photoshop/ imovie or free alternatives

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2

LITTLE BIG CHEF

They know what is delicious and what is good, its time to make it at home because its safer and they can create their own flavors, pizza, salads and more.

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6

GAMES CODING

Learn the frontend and backend of mobile game app development! Students create games in Blockly with MIT App Inventor and gain an understanding of game design. Our instructors guide students from simple games like Mole Mash, Galaga and build up to more challenging and original games. This course is perfect for someone looking to build upon or begin their journey into computer programming.



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9

ESPORTS TEAM AFTER SCHOOL

Want to take your gaming to the next level? Imagine winning competitions for your school, building your skills, pursuing scholarships, and future opportunities in the world of esports. We can help you realize those dreams. For many, the idea of being a professional gamer, streamer, or content creator might seem out of reach, but you have to start with small steps. Our course is designed to teach the intricacies of in game strategy, broadcasting and design to help you make a name for yourself. Whether it's League of Legends, Rocket League, Super Smash Bros, NBA 2K, or a myriad of other games, our coaches can help you turn your hobbies into marketable skills for the future.



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10

7 HABITS FOR HAPPY KIDS

العادات السبع للأطفال السعداء

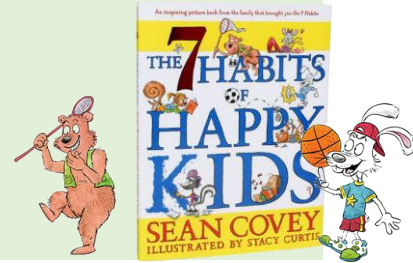
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🕒 TUESDAY 4:30 - 5:00 | 💰 BD 25



4

KITCHEN 101

You can be helpful in the kitchen, or become the chef in the kitchen, you will learn how to make famous dishes, what to check and how to present your dish, you can make and bake for friends & family.



🕒 WEDNESDAY 4:30 - 5:30 | 💰 BD 40

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🕒 SUNDAY 5:30 - 6:30 | 💰 BD 35



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🕒 THURSDAY 5:30 - 6:30 | 💰 BD 35



After School Virtual Activities
ASVA Session 1 2020-21
 Sunday 11th Oct to Thursday 26th Nov
 Registration Form

Please fill out the information below:

Full Student Name: _____

Grade: _____

Student's Email: _____

Will be used for the meeting (Zoom or Google)

Parent's Email: _____

Contact No. _____

Registration forms will only be accepted on:

- Sunday 4th or Monday 5th October
- From 8.30am - 10.30am

To be submitted as following:

- **By hand:** Auxiliary Gym
- **By email:** zalhashimi@rvis.edu.bh, ataha@rvis.edu.bh

PAYMENT BY:

- Cash
- Bank Transfer to school IBAN.
 - IBAN No:

RVIS BANK DETAILS:

- **Account Name:** Riffa Views International School
- **Account Number:** 100000157293
- **Account Currency:** Bahraini Dinars (BD)
- **SWIFT code:** BIBBBHBM
- **IBAN:** BH91BIBB00100000157293
- **Bank Name:** Bahrain Islamic Bank (BISB)

Total: _____ **BD** , **Parent Signature:** _____

For Business Office use:

<p>Receipt No. ----- , Date: -----</p> <p>Received from: -----</p> <p>The sum of ----- BD , for:</p> <p>Refund: -----</p> <p>Signature: -----</p>	<ul style="list-style-type: none"> ● 7 HABITS FOR HAPPY KIDS ● CARTOON SKETCHING ● DIGITAL ART ● ENGINEERING CLUB ● ESPORTS TEAM AFTER SCHOOL ● FUN –FIT 	<ul style="list-style-type: none"> ● GAMES CODING ● KITCHEN 101 ● LAUGHING YOGA ● LITTLE BIG CHEF ● MAT GYMNASTICS ● MINI-ME-MOVERS ● ROBOTICS CLUB
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**** PLEASE NOTE, THERE WILL BE NO REFUNDS.**

Please circle or highlight your activity choice:

Pre & KG	
	3:30 - 4:00
Sun	<input type="checkbox"/> LAUGHING YOGA BD 25
Mon	<input type="checkbox"/> FUN -FIT BD 25
Tues	<input type="checkbox"/> 'MINI-ME-MOVERS' BD 25

Gr 1 - 2		
	3:30 - 4:30	4:30 - 5:30
Sun	<input type="checkbox"/> LITTLE BIG CHEF BD 40 <input type="checkbox"/> ENGINEERING CLUB BD 21	<input type="checkbox"/> MAT GYMNASTICS BD 25 4:30 - 5:00
Mon	<input type="checkbox"/> CARTOON SKETCHING BD 35	-
Tues	<input type="checkbox"/> ROBOTICS CLUB BD 21	-
Wed	<input type="checkbox"/> LAUGHING YOGA BD 25 3:30 - 4:00	-
Thurs	-	<input type="checkbox"/> 7 HABITS FOR HAPPY KIDS (Arabic) BD 35

Gr 3 - 5		
	3:30 - 4:30	4:30 - 5:30
Sun	<input type="checkbox"/> DIGITAL ART BD 35	<input type="checkbox"/> LITTLE BIG CHEF BD 40 <input type="checkbox"/> ENGINEERING CLUB BD 21
Mon	-	<input type="checkbox"/> CARTOON SKETCHING BD 35 <input type="checkbox"/> MAT GYMNASTICS BD 25 4:30 - 5:00
Tues	<input type="checkbox"/> GAMES CODING BD 35	<input type="checkbox"/> ROBOTICS CLUB BD 21
Wed	-	<input type="checkbox"/> LAUGHING YOGA BD 25 4:30 - 5:00
Thurs	<input type="checkbox"/> ESPORTS TEAM AFTER SCHOOL BD 35	<input type="checkbox"/> 7 HABITS FOR HAPPY KIDS (Arabic) BD 35

Gr 6 - 8	
	4:30 - 5:30
Sun	<input type="checkbox"/> DIGITAL ART BD 35
Mon	-
Tues	<input type="checkbox"/> GAMES CODING BD 35 <input type="checkbox"/> MAT GYMNASTICS BD 25 4:30 - 5:00
Wed	<input type="checkbox"/> KITCHEN 101 BD 40
Thurs	<input type="checkbox"/> ESPORTS TEAM AFTER SCHOOL BD 35

Gr 9 - 12		
	4:30 - 5:30	5:30 - 6:30
Sun	-	<input type="checkbox"/> DIGITAL ART BD 35
Mon	-	-
Tues	-	<input type="checkbox"/> GAMES CODING BD 35
Wed	<input type="checkbox"/> KITCHEN 101 BD 40	-
Thurs	<input type="checkbox"/> MAT GYMNASTICS BD 25 4:30 - 5:00	<input type="checkbox"/> ESPORTS TEAM AFTER SCHOOL BD 35